

Counselling hours in family centres

In the following institutions, we offer open counselling hours, parent cafés and parent events. These are open to all and free of charge for all children, adolescents, parents and other carers as well as specialists in the related district. If you require an interpreter, please communicate this to the family centre.

Please request the exact counselling hours at the relevant family centre.

Dransdorf and Endenich

Familienzentrum Gerhard-Hauptmann-Straße (family centre)

Gerhard-Hauptmann-Straße 11, 53121 Bonn
Tel.: 0228 – 77 87 78 0

Familienzentrum Am Vogelsang (family centre)

Siemensstraße 41, 53121 Bonn
Tel.: 0228 – 77 87 54 0

Familienzentrum Sonnenschein (family centre)

Am Bleichgraben 40, 53121 Bonn
Tel.: 0228 – 38 27 66 0

Bad Godesberg and Mehlem

Familienzentrum Villa Vielfalt (family centre)

Koblenzer Str. 81, 53177 Bonn
Tel.: 0228 – 36 35 36

Familienzentrum Metzental (family centre)

Talstr. 7, 53177 Bonn
Tel.: 0228 – 74 83 77 32

Familienzentrum Kleine Helden (family centre)

Friedrich-Bleek-Straße 1, 53179 Bonn
Tel.: 0228 – 77 87 57

Familienzentrum Monti-Haus (family centre)

Domhofstr. 27a, 53179 Bonn
Tel.: 0228 – 77 87 15 0

Auerberg

Familienzentrum An der Rheindorfer Burg (family centre)

An der Rheindorfer Burg 2, 53119 Bonn
Tel.: 0228 – 77 87 13 0

Holzlar

Familienzentrum Holzlar (family centre)

Finkenweg 29 b, 53229 Bonn
Tel.: 0228 – 77 87 71 0

Tannenbusch

Familienzentrum Lummerland (family centre)

Zoppoter Str. 2, 53119 Bonn
Tel.: 0228 – 77 87 17 0

Familienzentrum Mosaik (family centre)

Waldenburger Ring 30, 53119 Bonn
Tel.: 0228 – 77 87 32 0

Familienzentrum Montessori Kinderhaus (family centre)

Waldenburger Ring 44, 53119 Bonn
Tel.: 0228 – 77 87 58 0

Familienzentrum Farbenfroh (family centre)

Chemnitzer Weg 11, 53119 Bonn
Tel.: 0228 – 66 42 1

Familienzentrum Abenteuerland (family centre)

Stolpstraße 2, 53119 Bonn
Tel.: 0228 – 38 27 62 0

Medinghoven and Brüser Berg

Familienzentrum Kinderwelt (family centre)

Fahrenheitstr. 55, 53125 Bonn
Tel.: 0228 – 38 27 61 4

Familienzentrum Wunderland (family centre)

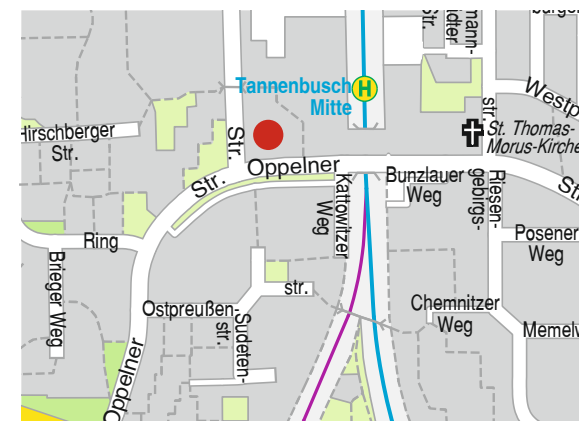
Stresemannstraße 28, 53123 Bonn
Tel.: 0228 – 38 27 23 2

How to reach us:

Tram/underground: Line 16 or line 63 to the “Tannenbusch Mitte” stop.

Bus: Line 601, 602, 630, 731, “Tannenbusch Mitte” stop

Car: There are plenty of parking spaces directly in front of the advice centre and nearby.



Telephone hours:

Monday, Tuesday and Thursday

8 a.m. to 12 p.m. and 12.30 p.m. to 3.30 p.m.

Wednesday

1 p.m. to 3.30 p.m.

Friday

8 a.m. to 1 p.m.

Beratungsstelle für Eltern, Kinder und Jugendliche (counselling centre for parents, children and adolescents)

Oppelner Str. 130, 53119 Bonn

Tel.: 0228 – 77 45 62

Email: familie.beratung@bonn.de

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**STADT.
CITY.
VILLE.
BONN.**

Allow us to introduce ourselves

Counselling centre for parents, children and adolescents

Englisch



Dear reader,

Life in a family is characterised by highs and lows. Challenges and conflicts are a part of this and are completely normal. However, sometimes our concerns grow too big for us to cope with and so it may be helpful to seek out support. We are happy to help – eager to listen and give competent advice. Our offering is aimed at adults, children, adolescents as well as educational staff, and it covers all issues relating to family and upbringing.

Our advice is **free of charge, voluntary** and, of course, anything you tell us is treated **confidentially**. We are **legally bound to maintain strict confidentiality** and, unlike the specialist services for the “Familien- und Erziehungshilfe” (social services and family assistance), we do not cooperate in family court proceedings.

Our counselling sessions can take place **in person** at our counselling centre as well as by **phone** or **video call** in order to offer you as much flexibility as possible.

In addition to our regular **counselling hours** at various locations within the city, we also offer a wide variety of **in-person and online options**. You can find the current topics and offers at any time on our homepage at: www.bonn.de/familienberatung and on the Bonn family portal at: www.guterstart.nrw.de/bonn.suche.

Kind regards,

Alexandra Marland

Head of the Beratungsstelle für Eltern,
Kinder und Jugendliche
(counselling centre for parents,
children and adolescents)

Team and languages

Our team comprises pedagogical and psychological specialists with additional therapy qualifications; we also have a specialist adviser on sexual violence and specialisms in escape and migration.

We speak German, English, Arabic, Serbian, French, Dutch, Bosnian and Croatian, and we also work with interpreters.

We advise parents on:

- Pedagogical issues and difficulties with upbringing
- Family crises
- Concerns about childhood development
- Behavioural problems (e.g. aggressiveness, concentration difficulties, bedwetting, social withdrawal)
- Puberty
- Separation/divorce and shaping future family life

We advise children, adolescents and young adults up to 22 years of age on:

- Problems within the family or with friends
- Problems at school
- Heartache
- Loneliness, anxiety or grief
- Self harm

Of course, you can also come to us with completely different questions about topics that are bothering you.

Email: jugendberatung@bonn.de

Web: www.bonn.de/familienberatung

We advise educational staff on:

- Questions or concerns about children/ adolescents
- Difficulties in educational work
- Team conflicts and offering supervision, where required

Events

Our offering covers the following topics, among others:

Parent events

- Phases of development and development problems in children
- Media education and other education issues
- Questions relating to puberty
- Fathers in the 21st century
- Sex education and the prevention of sexual violence
- Escape and migration

Group offers

- Keeping children in the picture (separation and divorce group for parents)
- Separation and divorce group for children
- Mother-child KulTour breakfast

We are continually developing our offering and would be pleased to receive your topic suggestions.

You can view the **current offering** at www.bonn.de/familienberatung or on the “Veranstaltung und Aktuelles”, or in the Bonn family portal.



Counselling hours in schools

We offer regular counselling hours for pupils in the following schools, but this offer is also open to any local children and adolescents as well as parents.

Berthold Brecht Gesamtschule Tannenbusch (comprehensive school)

Schlesienstraße 21–23, 53119 Bonn
Tel.: 0228 – 77 72 30 / – 77 69 48 / – 77 69 50

Emilie-Heyermann-Schule (secondary school)

Robert-Koch-Str. 36, 53115 Bonn
Tel.: 0228 – 77 74 70

Friedrich-Ebert-Gymnasium (grammar school)

Ollenhauerstr. 5, 53113 Bonn
Tel.: 0228 – 77 75 19/-20

Liebfrauenschule Bonn (grammar school)

Königstraße 17–19, 53113 Bonn
Tel.: 0228 – 21 07 00

Clara-Schumann-Gymnasium (grammar school)

Loestr. 14, 53113 Bonn
Tel.: 0228 – 77 74 40

Bonns Fünfte, Gesamtschule (comprehensive school)

Eduard-Otto-Straße 9, 53129 Bonn
Tel.: 0228 – 77 75 04

We are constantly expanding our offering of counselling hours in schools and with other cooperation partners.